



WESTERN PROVINCE BISLEY ASSOCIATION (WPBA)

COVID-19 PREPAREDNESS PLAN

August 2020

WESTERN PROVINCE BISLEY ASSOCIATION
COVID-19 POLICY
AUGUST 2020

1. PREAMBLE

The Western Province Bisley Association (hereinafter referred to as WPBA) is the provincial controlling body of all Bisley Sport Shooting in South Africa. The WPBA is committed to flattening the curve of the spread of the virus in a strictly controlled and monitored manner, which also allows for the resumption of economic and sporting activity within our organisation.

2. WESTERN PROVINCE BISLEY ASSOCIATION

The contact details of our association are as follows:

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3. BISLEY SHOOTING AS NON-CONTACT SPORT WITH LOW RISK

a) Non-Contact Low Risk Sport

Shooting Sports are considered by the World Health Organisation to be a low risk sport (Appendix A), because physical distancing is a natural part of the sport.

Training and matches are conducted on privately owned, as well as South African National Defense Force ranges. Shooters compete on an individual basis during training and matches and are at least 2-3 meters apart from one another. There is no necessity for any physical contact between the shooters and their coaches.

Events, as a norm, are highly regulated in terms of access control, safety standards and protocols, participation entries, squadding and scheduling.

b) Venues

The following venues are approved by the WPBA to be used for training and matches:

- i) Good Hope Shooting Range (SANDF Range), Atlantis, Cape Town, Western Cape
- ii) Moorreesburg Shooting Range, N7, Moorreesburg, Western Cape

4. PROTOCOLS, MEASURES AND PROCESSES PUT IN PLACE

In order for Bisley Sport Shooting to resume, this COVID-19 Preparedness Plan will be followed and will form part of the communication strategy that will reach all active members via the WPBA Secretary.

5. RESUMPTION OF BISLEY SPORT SHOOTING

- a) Bisley Sport Shooting is not regarded as a spectator sport, therefore no spectators will be permitted.
- b) A *Self-Assessment Health Questionnaire* was compiled with a list of risk factors and associated numerical weights for each based on input from medical experts. Any individual who has a cumulative score of **5 or more** on this questionnaire, will not be allowed to participate on the day and advised to return home, self-isolate or seek medical care.
- c) Booking of attendance in advance is compulsory (**Wednesday prior the event**), in order for the WPBA to control the number of participants for a specific event.
- d) All appointed Compliance Officers will ensure:
 - i) That all shooters who intend to participate in a specific sport shooting event will complete a *Self-Assessment Health Questionnaire* at home and submit this form via email to the respective Compliance Officers / WPBA secretary before the deadline for booking of attendance (**5.c**). Pre-screening will be done on the basis of this questionnaire and individuals will be informed about the outcome.
 - ii) All members must bring a copy of the submitted questionnaire to the range to be re-screened by the Compliance Officers for risk factors and their temperatures recorded on the form upon registration on the day.

- iii) High-risk individuals will be identified by pre-screening of the emailed *Self-Assessment Health Questionnaire* submitted prior to the event and the re-screening process upon registration on the day

6. SCREENING OF SHOOTERS AND SUPPORT STAFF

- a) The temperature of all shooters and support staff shall be screened upon registration on the day, before commencing with any sport shooting activity.
- b) Only individuals who passed the pre-screening via the *Self-Assessment Health Questionnaire*, as well as re-screening upon registration on the day will be allowed to participate on that particular day.
- c) All individuals identified as high-risk (score ≥ 5 on *Self-Assessment Health Questionnaire*) shall not be allowed to participate in an event on that day, advised to return home, self-isolate or seek medical care.

7. SANITISING OF RANGES

- a) Bisley Sport Shooting is practiced outside on open ranges and all the firing points and butts will be sprayed with sanitiser / 70% alcohol before, during and after use.
- b) The ablution facilities will be cleaned prior to the arrival of any shooters or support staff and before any sport shooting activity, as this is a norm during hosting of sport events.

8. CONTROL MEASURES

The addition of all the health and safety rules imposed on sport shooting will enable the venues specified in 3b) to comply with the COVID-19 Regulations of Government, ensuring that the risk of transmission will be kept at the lowest levels possible.

All appointed Compliance Officers will by means of the *Shooting Sport Venue Health and Safety Notification Form*, inform the WPBA Secretary that all steps have been taken to ensure events are compliant to this policy. This form will be forwarded prior to the event to the South African Bisley Union (SABU) for their information and records.

- a) All appropriate safety information and measures will be displayed inside buildings and at registration points.
- b) Single shooters are allowed on firing point to ensure social distancing. No shoulder-to-shoulder shooting will be allowed. An additional person will be positioned at least 1.5m behind the shooter to record the scores.
- c) Participants and support staff must not exceed 50 individuals at any time.
- d) All shooters will have to sign a *Code of Conduct* once-off that enforces all the declared COVID-19 prevention measures and regulations. This needs to be submitted to the WPBA Secretary for record. No shooter will be allowed to participate in any sport shooting activity organised by the WPBA unless this *Code of Conduct* has been signed and submitted.
- e) Masks as outlined in the Regulation must be worn by all shooters and support staff. Shooters must provide their own masks, but the WPBA will provide additional masks on the range in case of an emergency.
- f) The prevailing regulations on sanitisers and physical distancing will be adhered to at all times. Sanitising stations will be provided on all ranges (butts and firing points), ablution facilities and registration points.
- g) Physical distancing will be enforced by the compliance officers during the registration process. A distance of at least 1.5m will be maintained between individuals queuing to register.

- h) Three distinct stations will be erected at least 2m apart:
 - i) Re-screening of participants by compliance officers (temperature recording, re-checking the pre-submitted *Self-Assessment Questionnaire* and assessing risk factors indicated on the form);
 - ii) COVID-19 Register to be completed and signed by all participants; and
 - iii) The Registration point where entries and squadding will be done.
- i) No cash will be handled at the registration point or anywhere else on the range. Members who wish to participate in a specific event, must pay their entry fees in advance via Electronic Fund Transfer.
- j) Targets and target frames will be sanitised / sprayed with 70% alcohol before, during and after the sport shooting activities.
- k) In the event where it is the opinion of the range or butts officer that circumstances warrant specific and / or additional cleaning or sanitising of the targets or other equipment in the butts or on the firing point, the shooting activities may be temporarily put on hold for the sake of the safety of everybody present.
- l) The firing points will be sanitised by spraying entire firing point to be used before the sport shooting activities commence. During the event, the area that was used by a shooter will be sprayed with 70% alcohol after the shooter completes his / her detail and removes his shooting mat, before the next shooter is allowed to pack out his / her equipment on the firing point.
- m) Other items that will be used during the sport shooting activities, e.g. two-way radios, will be sanitised before and after the event, as well as before it is handed over from one range or butts officer to another.
- n) Shooters will not share meals and water during events. No food and refreshments will be prepared and sold on the premises.
- o) The clubhouse will be off-limits until the Regulations make provision for it to reopen and doors of ablution facilities on the range will remain open for the duration of the event.
- p) Any shooter, range or butts officer and support staff who display symptoms of COVID-19 during any sport shooting event will be sent home and advised to follow self-isolation measures or seek medical care.
- q) General physical distancing of 2-3 meters will be adhered to on all shooting ranges at all times.

9. MONITORING AND COMPLIANCE

The WPBA / Club Committees will, in collaboration with the appointed compliance officers, ensure that before any sport shooting activities commence, all shooters and support staff:

- a) Give written confirmation (via the *Self-Assessment Health Questionnaire*) that:
 - i) they are, to the best of their knowledge, currently free from COVID-19;
 - ii) they have not had any symptoms related to COVID-19 in the 14 days immediately prior to the event; or
 - iii) they have, to the best of their knowledge, not been in contact with a COVID-19 confirmed or suspected case in the 14 days immediately prior.
- b) Provide contact details and sign *Code of Conduct* (if not already submitted).
- c) Minimum compliance standards are provided for the following:
 - i) Pre-event Medical Compliance: Temperature screening upon registration on the day.

- ii) Facility Compliance: Clubhouses currently not accessible. Ablution facilities to be cleaned / sanitised before and after any sport shooting activities.
- iii) Team Compliance: Personal hygiene, protocol communications upfront and information shared during event opening formalities.
- iv) Field-based Compliance: Social distancing and arrangements as stipulated in this document.
- v) Officials Compliance: Provincial / Club Committees and support staff to be formally briefed of protocols and measures as part of formal communication strategy.

10. APPOINTMENT OF COMPLIANCE OFFICERS

All Provincial Committees will appoint compliance officers in writing, before any resumption of sport shooting events, to mitigate on the compliance with this Regulation and the spread of COVID 19. The compliance officers will liaise with the WPBA's Safety Officer, chairman and secretary to ensure all communication, strategies and standardised administration is performed as per agreed protocols.

11. CONCLUSION

The WPBA is committed to supporting the goals of reducing and limiting the transmission of COVID-19 infection.

Sport shooting poses low risk in terms of transmission of infection. Physical distancing will be easily implemented and controlled. All venues, clubs and teams will be required to adhere to all the regulations and they will be monitored to ensure compliance.

This COVID-19 Preparedness Plan is a working document that will be updated regularly to align with the National Guidelines and to ensure compliance.

12. APPENDIX A

Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19

Interim guidance
14 April 2020



Background

This sports addendum should be read in conjunction with the [WHO key planning recommendations for Mass Gatherings in the context of the current COVID-19 outbreak](#) which provides general advice on the public health aspects of such events.

This addendum has been developed to provide additional support to sports event organizers in assessing the specific additional risks, identifying mitigation activities and making an informed evidence-based decision on continuing to host any sporting event. Additional guidance is provided in the specific WHO COVID-19 mass gatherings sports addendum risk assessment tool and mitigation checklist.

Updated [technical guidance on COVID-19](#) should also be consulted. These documents will be reviewed and updated as the pandemic evolves.

Key issues and mitigation options

The key factors for consideration for each sporting event are included in the WHO COVID-19 mass gathering sports addendum risk assessment tool. These key factors address the specific issues that should be taken into consideration when planning a sporting mass gathering event. The table below provides an overview of and background information on some of these additional factors, including mitigation measures that will also be captured during the risk assessment process.

Key considerations	Comments	Risk factors and mitigation checklist
Are there sports that could be considered a lower or higher risk?	<p>Lower risk sports where physical distancing is possible, e.g. archery, shooting and some athletics events. These will be less of a risk if physical distancing advice for athletes, coaches and spectators is followed.</p> <p>Higher risk sports include contact sports. Physical and close contacts among players increases risk of transmission of COVID-19.</p>	<p>See details in the mitigation checklist.</p> <p>Consider:</p> <ul style="list-style-type: none"> • daily health check of competitors • Physical (at least 1 meter) separating of competitors, officials, spectators and support staff • thorough disinfection and cleaning after/between bouts/competitions • sharing of equipment should be prohibited, in particular ensuring that water bottles and cups are not shared • consider safe utilization of the closed containers for all disposable and reusable hygiene materials (e.g. tissue, towels, etc.).

Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19: interim guidance

Size of event	<p>The size of the sporting event affects the risk.</p> <p>Physical distancing of spectators must be maintained if spectators and support staff are to be present during the event. Other factors must also be considered across the different target groups:</p> <ul style="list-style-type: none"> • participants (includes officials) • spectators • host country (international events) • other participating countries (international events). <p>The numbers of participants relative to spectators in sporting events are usually low. Participants are also a known group so easier to advise, support and follow up if needed so it could be possible to consider holding events in closed stadia.</p>	<p>See details in the mitigation checklist</p> <p>Conducting sporting events with designated seats in arenas with widely spaced spectators for at least 1-metre physical distancing, numbered seats for contact tracing, temperature monitoring at entrances and provision of visual reminders such as stickers or wrist stamps may reduce the possibility of incidental contact.</p>
Indoor or outdoor locations	<p>Outdoor events will be better ventilated than indoor events.</p> <p>It may be easier to ensure physical distancing advice is followed in outdoor events with non-designated seating such as horse racing, golf, etc.</p>	<p>See details in the risk assessment</p> <p>WHO advice on physical distancing must be maintained during sporting events</p>
Venue facilities	<p>Requires liaison with the venue owners to ensure the facilities do or can comply with WHO and national recommendations during the COVID-19 pandemic.</p>	<p>See details in the mitigation checklist</p> <p>An isolation room/space identified to hold any symptomatic person found at the venue while awaiting patient transport to a medical facility is necessary.</p> <p>Additionally, having a medical post and designated personnel on site is advisable to help assess cases and potential other illness..</p>
Demographics (age and health)	<p>Competitors of sporting events tend to be younger and healthier than spectators. However, some competitors, coaches and support staff may have underlying health conditions.</p> <p>The age and health of spectators and other staff will vary.</p>	<p>See details in the mitigation checklist</p> <p>Pre-travel and pre-event health checks are highly encouraged/mandatory to ensure exclusion of those with potential additional risks (co-morbidities, medications, allergies)</p> <p>Spectators can include vulnerable groups so consider advising some at-risk groups not to attend.</p>
Risk communication	<p>Ensure public health advice is available before and during the event to all participants, staff, and personnel of all relevant stakeholders</p>	<p>See details in the mitigation checklist and the event organizers recommendations below</p> <p>Display signs to inform spectators and support staff about ways in which they can prevent themselves from getting infected with COVID-19 and passing the virus to others.</p>

More information in [Q&A on mass gatherings and COVID-19](#).

A checklist of recommended actions is included below for:

- Event organizers
- Participants

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Recommendations to event organizers

These measures may help obtain exceptions from authorities to allow athletes to train and participate in other events such as qualifications considered crucial by the organizers. Elite sport is a very controlled environment and organizers should be able to achieve this in a comprehensive way.

Consider the opportunity of using sports ambassadors to promote messaging. It is everyone's responsibility to keep themselves and others healthy and contribute to a successful event.

Recommendations to event organizers	
Pre-event and during event (including venues)	Ensure availability to handwashing, alcohol- based hand gel and hygiene facilities at multiple locations in the event facility and accommodation.
	Ensure good hygiene signage across all venues, changing rooms, training facilities, etc.
	Provide first aid and medical services, including designated medical providers who are able to triage and refer suspected cases for COVID-19 testing.
	Team medical staff or Local Organizing Committee (LOC) staff at venues should check competitors' temperatures each day, any temperatures above 38°C should be reported to the event medical lead/chief medical officer. Follow advice on the management of ill travelers at points of entry (international airports, seaports, and ground crossings) in the context of COVID-19
	Ensure capacity to isolate suspected cases: <ul style="list-style-type: none"> team/officials and event staff volunteers, support workers.
	Develop and make available risk communication on: <ul style="list-style-type: none"> clinical features of COVID-19 and preventive measures, especially respiratory etiquette and hand-hygiene practices the criteria for asking individuals with symptoms to leave the venue or retreat to a designated area information on physical distancing information on the use of face coverings and medical masks the meaning and practical implications of quarantine, self-isolation and self-monitoring in the context of the event, e.g. not attending.
	Ensure availability of rubber gloves to team staff and volunteers handling laundry, towels, etc.
	Recommend that towels are for single use only.
	Provide each participant with a clean water bottle.
	Make tissues and containers to dispose of used tissues with lids available on all buses and in all facility changing rooms.
	Provide each team with a thermometer (e.g. infrared) and a recording sheet/internet link for athletes' temperatures. If this is not possible, can each team be equipped with a non-contact sensor thermometer?
	Determine where an individual diagnosed with COVID-19 will be cared for and isolated
	Determine where a contact of a confirmed cases will be quarantined
	Determine how athletes and team staff will be notified of a case and COVID-19 situation where they are training.
	Define a place where a large number of people can be quarantined in case of a large number of athletes or event staff being exposed
	Predetermine emergency contacts with local health authorities.
	Medical masks should be ready for use by organizers' medical staff and sick individuals
Provide disinfectant wipes and advise venue cleaning staff to disinfect door handles, toilet handles, bathroom faucet handles, etc. in all areas several times per day.	
Consideration of provision of individual prevention packages for athletes containing: <ul style="list-style-type: none"> small personal packages of disposable tissues and plastic bags for tissue disposal small laminated prevention card with key reporting information medical mask to wear if they are ill (any symptoms, including fever, cough, shortness of breath) small packages of an alcohol-based hand wipes small package of disposable plastic drinking cups thermometer hand sanitizer. 	

Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19: interim guidance

Recommendations to event participants	
Pre-event	Anyone participating in the event (athlete, volunteer, official, food handler etc.) should proactively and regularly check their health status (including taking their temperature, and monitoring for any symptoms).
	Anyone due to participate in the event who is feeling ill should not come to the venue and be advised on the designated contact online or by telephone.
	Team staff and volunteer leads should ensure that their teams and volunteers are briefed on the protocols for a suspect and confirmed patients, on infection prevention and control measures and on where to find more information.
During the event	Participants should be aware of and cooperate with team medical staff or event organizing staff at venues in taking their own/or competitors' temperatures each day, any temperatures above 38°C to be reported to the event medical lead/chief medical officer. Follow the same approach as the management of ill travelers at points of entry (international airports, seaports, and ground, crossings) in the context of COVID-19
	Wash hands often with soap and water . Use an alcohol-based hand sanitizer if soap and water not available. Hand sanitizer stations should be available throughout the event venue, the accommodation, and on team buses.
	Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. Practise respiratory etiquette (maintain distance: at least 1 m), cover coughs and sneezes with disposable tissues or flexed elbow, wash hands). If coughing persists, isolate and seek medical advice.
	Avoid contact with sick people, including avoiding close contact with those suffering from acute respiratory infections.
	Avoid contact with anyone if you are ill.
	Gloves should be worn by team and event staff handling towels or laundry in the team environment.
	Towels should not be shared.
	Athletes should not share clothing, bar soap or other personal items.
	Recommended protocol for the use of water bottles: <ul style="list-style-type: none"> • Good team hygiene includes ensuring all players, officials and staff have their own water bottles to prevent the transmission of viruses and bacteria. • Bottles should be labelled and washed (with dishwasher soap) after each practice or game.
	Advise athletes not to touch their own mouths or nose.
	Avoid shaking hands or hugging.
	Avoid steam rooms or saunas.
	Be aware of regular cleaning of frequently touched items (door handles, elevators, gym equipment, etc.)

WHO continues to monitor the situation closely for any changes that may affect this interim guidance. Should any factors change, WHO will issue a further update. Otherwise, this interim guidance document will expire 2 years after the date of publication.

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